



SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

*A newsletter that promotes our core values of
Self Directed, Perseverance, Inspiration, Responsibility,
Independence, and Tolerance*

February 18th

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848

(603) 382-6226

www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you are all having a nice weekend. As February vacation approaches, we would like to remind families that there **is school** tomorrow Monday, February 19th (Presidents' Day), but there is **no school** on Friday, February 23rd due to a Staff Professional Development day. We also have February vacation next week, Feb. 26th - March 1st. Please note that due to the break, there will be no newsletter on Sunday, February 25th.

Spirit Week - SRMS Student Council is sponsoring a Spirit Week this week. Here are the themes for each day.

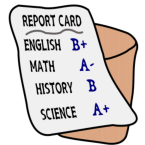
Monday - Hawaiian Day

Tuesday - Famous Duo Day

Wednesday - Anything But A Water Bottle Day

Thursday - Comfy Day

End of Trimester 2 - The second trimester ends on Friday, March 8th. Report cards will be sent home via email during the week of March 11th.



Parents/Staff versus Students Basketball Game - On Friday, March 29th at 6 pm in the SRHS/MS gym, the SRMS Boosters are hosting the annual parent/staff versus students basketball game. Any parent/guardian interested in playing the game can sign up at the link below. If you are not interested in playing in the game, please come out to cheer on the teams, support our Boosters through purchasing concessions and raffle tickets, or consider helping our Boosters by volunteering before, during or after the game.



[Click Here for Parent/Guardian Sign Up for the Parents/Staff vs. Students Basketball Game](#)

Yearbook Orders - To order a 2023-24 SRMS Yearbook, please [click here](#).



Have a great week and nice February break!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal

A Message From School Counseling

Safer Internet Practices

The civility and customary oversight that we give and receive in real life, sadly, can become hard to find once we take our relationships, discourse, and social life onto the internet. Now, place that reality upon the minds and emotions of our teenagers.

We spend a lot of time and energy in helping to monitor, shape and encourage healthy relationships, and respectful communities in real life, but doing the same online is a very different problem, with some hard to control outcomes.

With that in mind, I have researched some outlets that exist online that offer resources, including discussion prompts, both parent and student focused videos, and guides to help both the adults and the teens to keep safe, responsible, and out of some of the harms that the internet can pose.

[Our Sanborn School Counseling website](#) has a page of links from Connect Safer, a great organization that parses out what to look out for on different apps or platforms, tips on remaining safer, civil, and free from scammers, and some other great information.

Here are a few links that I think will also help if you or your student is in trouble via the internet:

- [New Tool Helps Young People Remove Explicit Online Images](#)
- National Organization for Victim Assistance at 1-800-TRY-NOVA/800-879-6682 or go to tryNOVA.org.
- Teen Sextortion information guide for parents
- [Quick-Guide to Secure Passwords](#)
- [Help with taking down explicit pictures released to the internet](#)

End 68 Hours of Hunger

Dear Parents and Guardians,

The Sanborn Regional School District partners with *End 68 Hours of Hunger*, a local nonprofit food program whose mission is to help families in need feed their children over the weekend. This program helps provide students with extra meals from Friday evening through Sunday evening, helping them be better prepared to come to school on Monday morning nourished and ready to learn. All food is non-perishable and easy to prepare. We collect food items for *End 68 Hours of Hunger* at all schools to support our local families. *Please note that this is a non-profit organization and not a District sponsored program.*

If you feel this is a program from which your child could benefit, please fill out the permission slip below, and return to your child's school counselor! Your child will receive a bag of food on Friday afternoons.

If you have any questions, please contact any of our counseling staff.

Bakie counselors:

Angelica Gardella agardella@sau17.net and Sue Petela spetela@sau17.net

Memorial counselors:

Rachel Nippert: rnippert@sau17.net and Amy Collins acollins@sau17.net

Middle School counselors:

Kara Byrne: kbyrne@sau17.net and Tiffany Fabiano: tfabiano@sau17.net

High School Director of Counseling:

Heidi Leavitt: hleavitt@sau17.net

District Social Worker:

Kara Prah: kprahl@sau17.net

Permission to Participate in Weekend Food Program:

I give permission for my child _____ to participate in the End 68 Hours of Hunger Food Program. I understand that my child will receive a bag of food each Friday afternoon.

Parent Signature

Date

Check One: Send home with student Parent pick up



A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.



Feb 11-17th is Children of Addiction Week

1 in 4 kids and teens live in families impacted by parental addiction.

[Impact of Alcohol/Opioid Use Disorder on Children](#)

Families can and DO recover together. [Start your Recovery Journey today with these NH Resources.](#)

February is [Healthy Relationships Month](#) if you are in an unsafe relationship contact [HAVEN NH](#)

Follow [@sorocknh](#) on FB to stay informed. If you have questions in the meantime visit [sorocknh.org](#), [drugfreenh.org](#) or reach out to me at sorocknhcc@gmail.com We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. [Take the 2023-2024 survey here!](#)

[Attention Boosters/PTA/PTO and other parent or community/civic groups.](#) **SoRock wants to talk with you!** We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

[Learn more about Suicide Risk factors, protective factors, and warning signs](#)

Need Help Now? Dial **988** or call [New Hampshire Rapid Response Access Point](#) Call/Text 833-710-6477 or [Chat Now](#)

Are you a Parent in Recovery? [Children Learn a Lot from Your Recovery!](#)

Need Help with Your Recovery? [Click Here for NH Recovery Support Resources](#)

Are you impacted by the substance use of a loved one? [Find support here](#) and [here](#)

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

[SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.](#)

Would you like to know more about SoRock, how we operate and what we do?

Email Charlotte Scott, Program Director sorocknhcc@gmail.com or call 603-642-3341 x 1235

NEWS RELEASE

SANBORN REGIONAL SCHOOL DISTRICT

Date: February 2024

Daniel J. Bakie School **KINDERGARTEN REGISTRATION** **for Newton and Kingston, NH**

If your child will be five years old by September 30, 2024, and you are a ***resident of Kingston or Newton, NH***, you should consider registering your child for full-day kindergarten for the 2024-2025 school year. Please visit our school website at <http://www.sau17.org/3/home> and click **the 2024-2025 registration link**. Registration is done completely online. Documentation required to complete the registration process includes a current physical & immunization record and proof of residency documents. The Sanborn Regional School District has defined the following acceptable residency documents: a copy of a **current** utility bill (electric, cable, gas, oil) showing your name and address (no P.O. Boxes), **along with** either a signed lease, a notarized letter from Builder or Realtor, property tax bill, settlement document on a new home or a property deed. Registering early helps us plan appropriately. We ask that registrations be completed ***no later than Wednesday, May 1st***.

New Hampshire State Law requires all children to have had immunizations for DPT, Polio, Mumps, Measles, German Measles, Chicken Pox, and Hepatitis B before school entry. They also require each child to have a complete medical examination within one year before entry into kindergarten.

Incoming parent orientation is scheduled on **Wednesday, April 10th from 3:20-4:20 p.m.** at the D.J. Bakie School (see below for specifics). This event is designed for parents/guardians and their students! This event is focused on visiting kindergarten classrooms, meeting the teachers, and seeing their classrooms. There will be an opportunity to meet our unified arts team and see other specific programs at a later date. The schedule is as follows:

Time:

3:20-3:50 If your Last Name begins with A-M

(If you have older students or PreK students, please park at Swasey after pick-up and walk over. Please do NOT park in the lot here)

3:50-4:20 If your Last Name begins with N-Z

We are excited to have you share the opportunity to visit classrooms and speak with our staff!

All incoming kindergarten students are required to participate in a screening process. ***You must register your child so that they may participate in the screening.*** Screening dates will be announced at a later time.

Please contact Kim Rousseau, Enrollment Coordinator, by telephone at (603) 642-5272, x101, or email krousseau@sau17.net for any questions.



Daniel J. Bakie Elementary School

APPLICATIONS ARE NOW BEING ACCEPTED FOR SANBORN REGIONAL INTEGRATED PRESCHOOL PROGRAM 2024-2025

The Sanborn Regional *Integrated* Preschool Program is accepting applications for the 2024-2025 school year for the three and four-year-old preschool programs. Both preschool programs are located at the D.J.Bakie Elementary School in Kingston, NH. All students must be residents of either Kingston or Newton, N.H. to attend.

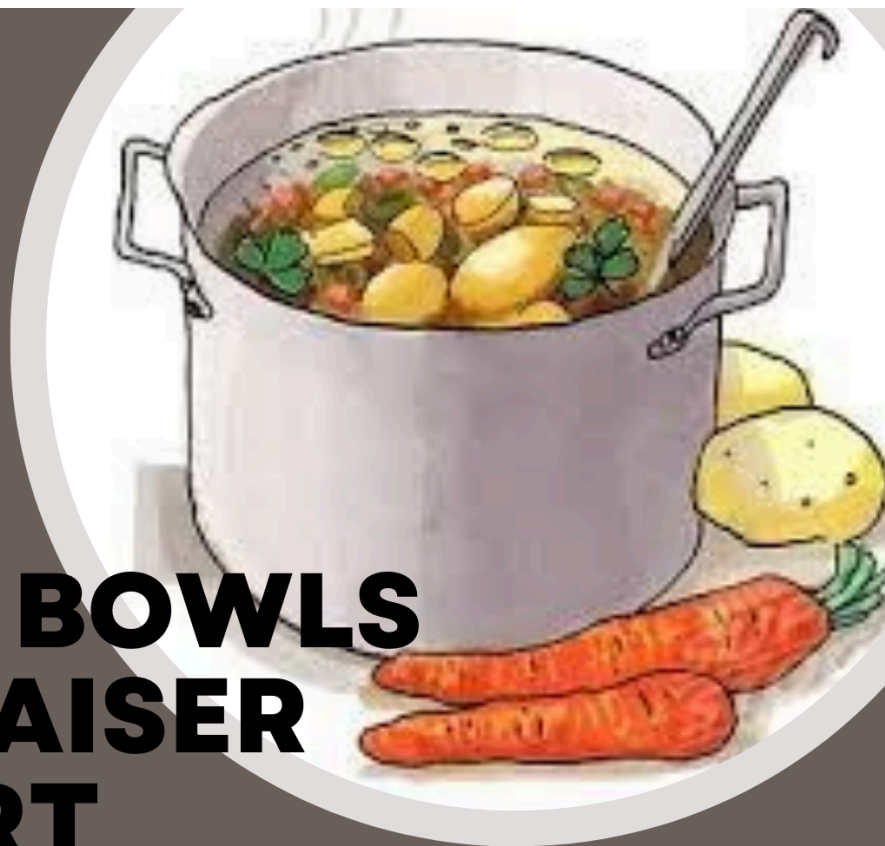
The three-year-old program is held Mondays through Thursdays from 8:30-11:00 AM. Eligible children must be three years old by September 30, 2024.

The four-year-old program is held Mondays through Thursdays from 12:00-3:00 PM. Eligible children must be four years old by September 30, 2024. Please note that there are limited openings in the four-year-old program.

Tuition for the three-year program is \$165 per month and the four-year-old program is \$200 per month. A tuition agreement form must be completed and returned to participate in the program. Enrollment is limited, and the deadline for applying is **Wednesday, February 28, 2024**.

All applicants must participate in a developmental screening process. Please note that this is not a Child Find. You may call to schedule a Child Check Appointment if you are questioning a possible educational issue. For more information please email Linda Tarushka at ltarushka@sau17.net. You may also call the school at 603-642-5272.

To register your child for the lottery, please go to our school website at sau17.org/3/home and click on the Preschool Lottery link.



EMPTY BOWLS FUNDRAISER AND ART SHOW

THURSDAY MARCH 14TH AT 5PM

- All proceeds go towards ending 68 Hours of Hunger and NH food pantries.
- Step 1- Buy a ticket
- Step 2- pick a handmade bowl
- step 3- fill with soup made by nutrition students.
- Step 4- Enjoy the Art Show!

**MORE INFORMATION
AND TICKET SALES**



Adventurelore Summer Camp

MEET OUR STAFF



The ADVENTURELORE staff is most responsible for the success of our program. All staff members possess the high degree of sensitivity, understanding and energy necessary to answer the individual needs of each of our adventurers. Our staff members have considerable experience working with the youth in various environments. Both junior and senior staff members are carefully selected and well trained to provide the highest quality programs. ADVENTURELORE averages a

1:3 Counselor: Adventurer Ratio

Learn more about our awesome staff at ADVENTURELORE.ORG

Like us, follow us. We love to share our photos and adventures!



CONTACT US

Phone: 603-382-4661

Email: Office@adventurelore.org

Adventurelore's Summer Camp is a historically safe high-adventure coed outdoor living experience designed to offer challenging and successful experiences for children and adolescents. Under professional supervision and guidance, adventurers will gain self-esteem and personal confidence through adventurous, exciting and FUN filled activities, while acquiring outdoor living skills. These skills have been proven to be physically and mentally beneficial to individuals of all ages. We strive to help youth unfold positive attitudes about themselves and their peers in outdoor surroundings through exposure to both individual and group challenges.

Ryan's Message

Summer camp is one of the most amazing experiences you can provide your child. At Adventurelore we believe that camp is more than just having fun. It's about having fun while making new friends, great memories and learning valuable life skills. When our campers return home we want them to have had the best adventure of their lives while also a feeling like they learned life lessons and skills they can use as they grow into teenagers and young adults.

Ryan Holder



Summer Camp Programs 2024



5 DAY | AGES 8-12 | NH CAMP
JUNIOR 1 | July 8-12 | \$1,395
JUNIOR 2 | July 23-27 | \$1,395



6 DAY | AGES 10-13 | ME CAMP
JUNIOR 3 | July 29-August 3 | \$1,495

Adventurelore is offering 5 and 6 day programs for juniors designed to be a life enriching taste of our Woodstock, NH and Franklin, ME base camp activities. Adventurers will enjoy the experiences of camping, swimming, rock climbing, rappelling, canoeing, and white water kayaking on Junior 1 and 2 (5-day programs) at our Woodstock, NH campsite. On our Junior 3 trip (6-day program) at our Franklin, ME campsite, campers will enjoy all of this in addition to white water rafting! Other energized camp activities take place in what kids have come to call "Thunder Dome" and "The Barn." The weeks activities are designed to be fun and exciting while enhancing self-esteem and developing self confidence in a safe and caring social environment.

GROSS COUNTRY CHALLENGE (boys)

3 DAY | AGES 13-17
June 26 - July 3 | \$1,945

Adventurers will mountain bike along the best of the back trails of Maine from the Canadian border to Bar Harbor. This trip also includes whitewater kayaking and canoeing, swimming, rock climbing and orienteering adventures. The focus of this eventful and exciting adventure is directed toward participants recognizing their capabilities as an individual and positively contributing their personal attributes to the group while enjoying a healthy environment. Ride your mountain bike, borrow one of our Giant brand mountain bikes, or for an additional \$295 you can purchase a brand-new shop quality mountain bike at a 60% discount. We highly recommend this option.

LAND AND SEA ADVENTURE (co-ed)

8 DAY | AGES 13-17
JULY 9-16 | \$1,995



The Eight-Day Land & Sea trip is coed and offers adventurers four days of sailing, kayaking and canoeing, swimming, tubing and island exploring along the beautiful coastline of Mt. Desert Island and Frenchman Bay. The ensuing four days' activities will include rock climbing, rappelling and whitewater rafting. This trip focuses on boating skills and positive social interaction in a variety of FUN and challenging environments.

ACADIA ADVENTURE (girls)

6 DAY | AGES 13-17
JULY 21-26 | \$1,495



The Acadia Adventure is based in Franklin, ME near Acadia National Park. Activities will include swimming, kayaking, canoeing, hiking, rock climbing, rappelling in the beautiful Acadia National Park, sailing in Bar Harbor, and whitewater rafting on the Kennebec River! This program emphasizes on the benefits of being active, having FUN, social connection, healthy living and perseverance through individual and group challenges.

For all programs, activities are subject to change subject to weather or program formatting



WHITE MOUNTAIN ADVENTURE (boys)

8 DAY | AGES 13-17
July 29-August 5 | \$1,895



The 8-Day White Mountain Adventure is a program highlighted with mountain biking, whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of each adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and a sense of humor in new and thrilling environments.

WHITE MOUNTAIN ADVENTURE (girls)

6 DAY | AGES 13-17
June 27 - July 2 | \$1,495



The 6-Day White Mountain GIRLS Adventure is a program highlighted with whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. Every day there are opportunities to swim and explore the river. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of every adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and have FUN in a new and thrilling environment.

CONTACT US

Phone: 603-382-4661

Email: Office@adventurelore.org

Not a school sponsored event



SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 – for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornyouthsoccer@gmail.com



Sanborn Baseball and Softball Association

Registration is Open All levels

Baseball:

T-Ball Ages 4-6 years old

Rookies ages 6 and 7

Minors ages 8 and 9

Majors ages 10 till 12

Babe Ruth Ages 13-18

Softball U8

Softball U10

Softball U12

Softball U14

Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help?

Email us at:

sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District